

## SET-A

Unique paper code :12111402  
Name of the paper : Applied social psychology II  
Name of the course : B.A. (Hon) in Applied Psychology  
Semester : IV  
Duration- 2 Hrs. Maximum Marks: 75

### Instructions:

- Please note that this is an Open Book Examination.
- Attempt any 4 questions out of 6.
- Marks are equally divided and each Question is of 18.75 marks.
- Answers may be written in Hindi or English but same pattern should be followed throughout the paper.

1. Critically evaluate the techniques of participatory research appraisal used in social psychology. (18.75)
2. Discuss the various perspectives describing helping behavior with citing suitable examples from everyday life? (18.75)
3. Assess prejudice as a major challenge in Indian context and its role in augmenting social inequality across the societies. (18.75)
4. Describe the major socio-cultural problems in India. Comment on the possible social psychological interventions useful to solve these problems. (18.75)
5. Illustrate the steps in group decision making by showing appropriate examples from daily life. Elaborate the constraints in group decision making. (18.75)
6. Evaluate the diverse roles of applied social psychologists in solving environmental problems. (18.75)

**Unique Paper Code – 12111404**

**Name of the Paper – Health Psychology**

**Name of Course – B.A. (Hons.) Applied Psychology**

**Semester- IV**

**Duration – 2 Hours**

**Max. Marks – 75**

**Attempt any four questions. All questions carry equal marks 18.75**

Question 1: Why do you need Health Psychology? Explain the mind-body relationship and discuss the advantages of taking a biopsychosocial approach to health.

Question 2: Discuss any two theories of health behavior and their implications.

Question 3: What are the benefits of exercise? Discuss the determinants of regular exercise and characteristics of intervention strategies.

Question 4: Discuss the role that happiness plays in determining the health and well-being of an individual.

Question 5: Discuss the characteristics of health behavior. Explain the barriers to health behavior giving suitable examples.

Question 6: Discuss pain as a health enhancing behavior citing relevant research work.

## SET-A

Paper Code: 12111604

Name of the Paper: Foundations of Industrial/Organizational Psychology-II

Name of the Course: B.A (Hons) Applied Psychology

Semester: VI

Duration: 2 hrs

Maximum Marks: 75

Attempt any *four* questions .All questions carry equal marks

1. Describe Herzberg two factor theory of work motivation. Critically evaluate its usefulness in contemporary organizations. (18.75)
  2. What do you understand by leadership? Describe the trait and behavioural theories of leadership. (18.75)
  3. Due to the lockdown in the present pandemic, a lot of employees are experiencing work related stress. What can be done to help them to deal with it? (18.75)
  4. Describe the nature of human resource management. Discuss the changing role of human resource management. (18.75)
  5. Enumerate the contribution of contemporary approaches of leadership to global organizations in present times.(18.75)
  6. Which model do you think is better, the Demand Control model of stress or the Person Environment Fit model of stress and why? (18.75)
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**SET-A**

Unique Paper Code :12117912

Name of the paper : **Psychology of Peace - DSE**

Name of the course : B.A. (Hons.)

Semester : VI

Duration : 2 Hours

Maximum Marks : 75

**Instruction:**

(Write your University Roll Number and Paper Title and Code on top of the Answer Sheet)  
**Attempt any four questions in all. All questions carry equal marks.**

1. Define peace. Explain with relevant the approaches that can be used in order to transform the situation of conflict.
2. Elucidate the Social-Psychological approach of Herbert C. Kelman, of peace and conflict.
3. Discuss in detail different stages in achieving sustained peace in a country using suitable examples.
4. Describe Kashmir dispute in detail and suggest few measures to resolve it.
5. Discuss the process of peacebuilding in present conflict situation.
  
6. Write a short note on **any two** of the following:
  - a) Conflict Prevention
  - b) Trust and reconciliation model
  - c) Mediation

Sr. No. of Question Paper: .....

Roll No. ....

**Unique Paper Code: 12111602**

**Name of the Course: B.A. (Hons.) Applied Psychology**

**Name of the Paper: Understanding Psychological Disorders-II**

**Semester: VI**

**Duration: 2 Hours**

**Year: 2020**

**Maximum Marks: 75**

**Instructions:**

- 1. Please note that this is an Open Book Examination format**
- 2. Attempt any 4 questions out of 6.**
- 3. Marks are equally divided and each Question is of 18.75 marks**
- 4. Answers may be written in Hindi or English but same pattern should be followed throughout the paper**

1. Urvasi displays excessive irrational fear whenever there's a sight of blood, injection or injury and avoids hospitals and other medical related procedures. Discuss the etiology of the disorder in light of the current research evidence (18.75)
2. Can a situation like the present pandemic contribute to the development of major depression? Explain the cognitive etiological factors with a suitable case example. (8+10.75)
3. Farhan has been experiencing symptoms of a physical disorder but whenever the doctor is consulted for his physical condition no medical reason is found. Diagnose the disorder and discuss the contributing factors to development of this disorder citing relevant research studies. (18.75)
4. In the present times there are various diet plans, exercise regime and other lifestyle related techniques to slim down and look a certain way. Do all people following diet plans have an underlying psychopathology? How would you diagnose someone with the major categories of the disorder (18.75)
5. Elucidate a case study of social phobia with comorbid bipolar disorder focusing on the clinical picture of the disorders. (18.75)
- 6- Why was Gender Identity Disorder replaced with Gender Dysphoria in the DSM 5. Briefly analyse the social causes in the development of Anti Social Personality Disorder. (5+13.75)

**SET-B**

RollNo. : .....

Sl. No. ofQ.Paper :

Unique Paper Code : 12117904

Name of the Course : B.A. ( Hons. ) Applied Psychology

Name ofthePaper : Youth Psychology(DSE)

Semester : VI<sup>th</sup>

**Time : 2 Hours**

**Maximum Marks:75**

**Instructions for Candidates:**

- (a) Attemptany **FOUR** questions.
- (b) **ALL** questions carry equalmarks.
- (c) Answers may be written either in English or Hindi; but the same medium should be used throughout the paper.

(Write your University Roll Number and Paper Title and Code on top of the Answer Sheet)

**Attempt any four questions in all. All questions carry equal marks**

1. 'Peer pressure is a big challenge for youth.' Explain the statement with suitable examples. **(18.75)**
2. Define the concept of youth. Discuss various theories of identity development in youth. **(18.75)**
3. Describe the relationship between intergenerational relations and youth development **(18.75)**

4. In what ways have transitions become more complex and challenging for youth growing up in today's society? Explain. **(18.75)**
5. What is positive youth development? Discuss its relationship with social capital.**(18.75)**
6. What are barriers to youth employment in India? Suggest strategies to overcome youth unemployment. **(18.75)**